

# INSIDE THE PARK

MAY 2022

  
**JW MARRIOTT**  
TUCSON STARR PASS



JW Marriott Starr Pass Resort & Spa rests within the Tucson Mountain Park — established April 11, 1928 and containing 20,000 breathtaking acres and 62 miles of non-motorized trails. The Tucson Mountains are full of towering saguaro, which can live 200 years, grow up to fifty feet tall and weigh more than ten tons. Inside the Park, you will find a variety of wildlife including quail, wrens, roadrunners, woodpeckers, flickers, owls, hawks, desert tortoise, gila monsters, javelinas (wild pigs), kangaroo rats, coyotes and jackrabbits. We invite you to experience the magic of Starr Pass and the Sonoran Desert — Inside the Park.

## CURATED EXPERIENCES



### Mitakuye Oyasin — *All My Relations*

7:00 AM DAILY ON THE SALUD TERRACE

Join us each morning to participate in a complimentary traditional Native American ceremony and unique Sonoran Desert experience. During our morning ritual (Mee-tah-kay awe-sin), the warming sunrise, Native American Flute, and an eagle feather blessing will inspire you to see life from a different perspective. In a ritual that is centuries old, you will have the opportunity to make your intentions known to the universe through the burning of sage. Begin each day by reflecting on the connection we all have with nature and each other, finding focus, and creating lasting memories. Experience our morning ritual and discover “Mitakuye Oyasin.”



### Morning Hike

7:30 AM DAILY AT THE CONCIERGE

Each morning our professional guide leads an unforgettable, complimentary hike. Placards provide history, and the importance and beauty of the trail as you enter. As you step over rocks millions of years old, serenity encompasses you. As you traverse past Saguaro, Cholla and Prickly Pear cactus, Mesquite, Palo Verde and Acacia trees — the indigenous food and medicines of long ago — you savor each step, each breath, each vision. Our guides also create custom experiences (*fees apply*). Please ask our concierge for times and availability.



### Evening Ritual

5:30 PM DAILY ON THE SALUD TERRACE

We welcome you to gather with us each evening to watch the sunset and experience our complimentary nightly Tequila toast. Every culture and region has rich stories of love, courage and tradition, and the Sonoran Desert is no exception. The legend of Arriba, Abajo begins with a man asking his beloved's father for her hand in marriage. To hear the rest of the story, join us for this unique experience featuring one of our more than 150 artisan tequilas as we toast: “Arriba, abajo, al centro, al dentro, salud!” (*Up, down, out and in, cheers!*) The perfect way to celebrate with old friends and create new ones - “we are all related.”



## FAMILY FUN



### The Water Collection

DAILY: 7:00 AM – 10:00 PM

Resort guests can lazily drift along the Starr Canyon River, brave the Monsoon Falls Water Slide, lounge by the Reflection Pools or play in the Dancing Springs.



### Poolside Cabanas

Rent a private, shaded, poolside cabana with TV and lounge chairs. For reservations, please visit [jwmarriottstarrpass.ipoolside.com](http://jwmarriottstarrpass.ipoolside.com)



### Blur Arcade

DAILY: 8:00 AM – 8:00 PM

Enjoy a selection of video games for the entire family at Blur, located next to Plunge Poolside Café.



### Live Music at Salud

FRI – SAT: 6:00 PM – 9:00 PM

Relax and unwind with a cocktail around the fire on the Salud Terrace while listening to the sounds of local Tucson musicians.

## FITNESS & RECREATION



### Fitness Center & Classes

DAILY: 24-HOURS

Our complimentary, state-of-the-art fitness center located by taking the Hashani Spa elevator, offers a dynamic range of weights, cardio and endurance machines, kettlebells, and more. Enhance your wellbeing when you take our Yoga, Total Body, Chakra Meditation, Tone-Up, and Meditation classes at Hashani Spa. Fitness classes are complimentary with our resort fee. For class times and reservations, please call 520-791-6117.



### Mountain Bike Rentals

Southwest Trekking offers diverse and fun guided mountain biking adventures in and around the local area. You can also enjoy the Tucson Mountain Park trails on your own with bike rentals that include safety helmets and trail maps. Visit Southwest Trekking located near the Concierge Desk for more information.

### Hiking

Explore four scenic mountain ranges - Tucson, Tortolita, Santa Rita and Santa Catalina. We recommend early morning hiking during the summer months. From the main resort lobby, facing west, the Tucson Mountain Park awaits you. Take a right onto the sidewalk and cross the road to the Lorraine Lee Trailhead. Make sure to bring plenty of water, sunscreen, hat, sunglasses, hiking footwear (closed-toed shoes), and your cell phone.

Tips: Know your ability and limitations. Stay on marked trails. Don't hike alone or after dark. When your water is half gone, turn back. Leave no trace - take only pictures. Don't touch wildlife or plants. Don't hike with pets in extreme heat. Call 911 in case of emergency.



### Starr Pass Golf Club

Enjoy 27 stunning holes of Arnold Palmer Signature golf. For tee times, to schedule lessons or for more information, please call 520-791-6275.

#### DRIVING RANGE

DAILY: 6:00 AM – SUNDOWN

Practice your swing on our golf range open daily until sundown. Complimentary with resort fee or \$30 for an all-day pass. Rental clubs for driving range are \$25.

#### GOLF LESSONS

DAILY: BY APPOINTMENT

Improve your swing or sharpen your golf skills with a one-on-one lesson from our PGA golf pros. \$90 per adult, per hour. 24-hour advanced reservations required.

#### JUNIOR GOLF LESSONS

DAILY: BY APPOINTMENT

Junior golf enthusiasts (ages 15 and under) are invited to learn the basics or sharpen their skills with our golf pros. \$75 per child, per hour. Complimentary with paying adult lesson. 24-hour advanced reservations required.

#### FREE PLAY

DAILY: AFTER 3:00 PM

Children ages 15 and under play free after 3:00 pm daily, when accompanied by a full-paying adult. One free round per child is valid for each full-paying adult.

#### AZ RESIDENT GOLF PASS

Enjoy an AZ resident golf membership at Starr Pass for \$495 per year. Benefits include: four complimentary rounds of golf, same day replay rate of \$20, 50% off practice facility rates (when playing the range complimentary), 15% off any Hashani Spa service, 15% off food, beverage and retail, and special rates throughout the year. For information, please call 520-791-6275.



## RESORT DINING



### Signature Grill

BREAKFAST, LUNCH & DINNER

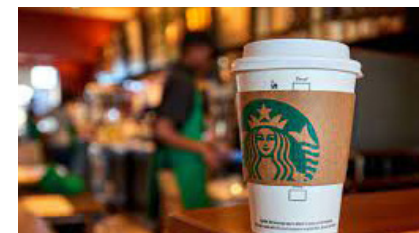
Experience flavors honed through the centuries from rich, local cultures. Savor robust dishes inspired by Native American, Mexican, Southwestern and cowboy cooking traditions, prepared in an open kitchen and presented with impeccable service. Enjoy inspired entrées prepared with locally grown, farm-fresh produce, house-smoked meats and custom-mixed spices that capture the essence of the region, along with an extensive wine list and hand-crafted cocktails.



### Catalina BBQ Co. & Sports Bar at Starr Pass Golf Club

LUNCH, HAPPY HOUR & DINNER

Enjoy award winning competition-style mesquite wood smoked BBQ with a southwestern twist. Our casual, modern sports bar setting offers 12 HDTV's for watching your favorite college or professional team, a monthly band night, along with billiards, shuffleboard and other games. Complimentary shuttle service to Starr Pass Golf Club is available from the resort lobby.



### Starbucks®

Stop in for your favorite cup of coffee or enjoy light bites, breakfast fare, snacks, desserts and more.



### Primo

DINNER

Primo is the creation of James Beard Award-winning Chef Melissa Kelly. Discover imaginative, regionally-inspired dishes from Italy, Spain and France, prepared with produce and herbs from our on-site organic garden, local growers and farmers' markets. Primo Wine Bar features an intriguing array of Italian and domestic wines, fine imported beers and handcrafted cocktails, along with small tastes of Primo cuisine, an eclectic array of salads, and true Italian pizzas. The traditional Italian style Primo Garden is terraced along the hillside to capture sunlight and moisture. Visit the garden or dine on our intimate patio overlooking the garden with breathtaking views.



### Salud Lobby Lounge

COCKTAILS & SMALL BITES

TEQUILA TOAST: DAILY: 5:30 PM

LIVE MUSIC: FRI – SAT: 6:00 PM – 9:00 PM

Inspired by the vast varieties of regionally produced tequilas, Salud features a south-of-the-border appeal with menu items capturing rich flavors unique to the Southwest. Experience authentic Sonoran style cuisine and light "cantina" fair that pairs well with Salud's signature cocktails, creative margaritas and over 150 varieties of artisan Tequila. Join us for our complimentary nightly Tequila toast as we tell the legend of "Arriba Abajo", live music on Friday and Saturday nights, and enjoy our cozy fire pits with captivating views of the city lights and Tucson Mountain Park at sunset.



### Plunge Poolside Café

LUNCH & COCKTAILS

Surrounded by our sparkling pool, two whirlpools, and a children's splash area, Plunge serves up fish tacos, salads, specialty rum cocktails, local brews on tap, and more. Fast, fresh and fun fare, combined with magnificent views, make Plunge the perfect place to catch some rays or relax with a beautiful sunset.





### JW Market Grab & Go Café

Satisfy your cravings at JW Market, an on-the-go marketplace restaurant with locally-inspired cuisine, specialty snacks and products from Tucson's finest purveyors. Enjoy a delicious variety of crafted salads, artisan sandwiches, pizzas, regional wine and beer, and Isabella's all-natural ice cream.




For restaurant hours of operation or reservations, please call 520-792-3500 or visit [jwspinfo.com](http://jwspinfo.com)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7:00 AM - MITAKUYE OYASIN 7:30 AM - YOGA 7:30 AM - MORNING HIKE 8:30 AM - FAMILY YOGA 5:30 PM - EVENING RITUAL	2 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	3 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	4 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM - MEDITATION 5:30 PM - EVENING RITUAL	5 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM - YOGA 5:30 PM - EVENING RITUAL	6 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM TOTAL BODY CONDITIONING 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD	7 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 7:30 AM - YOGA 8:30 AM - FAMILY YOGA 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD
8 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 7:30 AM - YOGA 8:30 AM - FAMILY YOGA 5:30 PM - EVENING RITUAL	9 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	10 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	11 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM - MEDITATION 5:30 PM - EVENING RITUAL	12 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM - YOGA 5:30 PM - EVENING RITUAL	13 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM TOTAL BODY CONDITIONING 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD	14 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 7:30 AM - YOGA 8:30 AM - FAMILY YOGA 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD
15 7:00 AM - MITAKUYE OYASIN 7:30 AM - YOGA 7:30 AM - MORNING HIKE 8:30 AM - FAMILY YOGA 5:30 PM - EVENING RITUAL	16 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	17 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	18 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM - MEDITATION 5:30 PM - EVENING RITUAL	19 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	20 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD	21 7:00 AM - MITAKUYE OYASIN 7:30 PM - MORNING HIKE 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD
22 7:00 AM - MITAKUYE OYASIN 7:30 - MORNING HIKE 5:30 PM - EVENING RITUAL	23 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	24 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	25 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 9:00 AM - MEDITATION 5:30 PM - EVENING RITUAL	26 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	27 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD	28 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL 6:00 PM - 9:00 PM LIVE MUSIC AT SALUD
29 7:00 AM - MITAKUYE OYASIN 7:30 - MORNING HIKE 5:30 PM - EVENING RITUAL	30 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL	31 7:00 AM - MITAKUYE OYASIN 7:30 AM - MORNING HIKE 5:30 PM - EVENING RITUAL				
						

FITNESS CLASS AND CURATED EXPERIENCE LOCATIONS

CURATED EXPERIENCES: MITAKUYE OYASIN - SALUD TERRACE | MORNING HIKE - CONICERGE DESK | EVENING RITUAL - SALUD TERRACE | LIVE MUSIC - SALUD TERRACE  
 FITNESS CLASSES: FAMILY YOGA - MAIN POOL LAWN | MEDITATION - HASHANI SPA MOVEMENT STUDIO | TOTAL BODY CONDITIONING - HASHANI SPA FITNESS PATIO | YOGA - MAIN POOL LAWN

3800 W. Starr Pass Blvd., Tucson, AZ 85745  
 520.792.3500 | [jwmarriotstarrpass.com](http://jwmarriotstarrpass.com)  
 [/jwstarrpass](https://www.instagram.com/jwstarrpass)